

Burnout to Rejuvenation

Healthcare professionals and students are burned out. Pressure, demands, and work schedules contribute to depletion and exhaust people who have committed their professional lives to caring for the needs of others.

“I’ve been burned out at work for a long time.” That’s what a physician’s assistant (PA) told us at our recent Boston Whole Person Care Conference.

Held at Harvard Medical School (HMS was not the sponsor but made meeting space available), students and professionals from the **US, Brazil, Peru, China, South Africa, and Senegal** came to learn how they might live out their Christian faith and care for the spiritual needs of patients.

The week before Boston, we held our first-ever Miami METS Conference. Cru staff member Heidi Drake, PA attended one of our conferences years ago. Ever since, she’s dream of hosting a conference in Miami. As part of her and her husband’s ministry around Miami and beyond, Heidi spends time with students and professionals at local medical schools and health science campuses. We were honored to be able to partner with her.

As we wrapped up the training in Boston, the burned out PA, exclaimed, ***“For the first time, in a long time, I am looking forward to going to work on Monday morning.”***

Over the years, conference participants have told us that learning how to practice whole person care reignites their passion for healthcare. Others have lamented they were not trained sooner. “Where were you 30 years ago when I so desperately needed this?”

Caring for a patient as a whole person is not only helpful and desired by patients, it is also *life-giving* to those who provide it.

Thank you for helping us offer hope and renewal to Christ followers who care for others.



Bob & Diana

P.S. Last month Diana joined the grandkids for their trunk or treat outing. Caleb is 6, Jack is 4, and Addie is 2.

Upcoming Events **JOIN US!!!**

- January 5, 2025 Minneapolis, Speak at Cru Winter Conference
- January 19, 2025 Los Angeles, Speak at Cru Epic Winter Conference
- February 15, 2025 Dallas, METS Whole Person Care Conference
- April 4-5, 2025 Tulsa, METS Whole Person Care Conference
- April 10-12, 2025 Speak at CCHF National Meeting
- June 15-July 12, 2025 Whole Person Care Preceptorship



A caring community passionate about connecting people to Jesus Christ